



Scriptural Prayer Guide

James 5: Pray for the sick and hurting

James 5:13–16 [13] Is anyone among you suffering? Let him pray. Is anyone cheerful? Let him sing praise. [14] Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord. [15] And the prayer of faith will save the one who is sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven. [16] Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working.

1 Timothy 2: Pray for government and leaders

1 Timothy 2:1–2 [1] First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all people, [2] for kings and all who are in high positions, that we may lead a peaceful and quiet life, godly and dignified in every way. (ESV)

Ephesians 1: Pray for the church and the church's witness

Ephesians 1:15–23 [15] For this reason, because I have heard of your faith in the Lord Jesus and your love toward all the saints, [16] I do not cease to give thanks for you, remembering you in my prayers, [17] that the God of our Lord Jesus Christ, the Father of glory, may give you the Spirit of wisdom and of revelation in the knowledge of him, [18] having the eyes of your hearts enlightened, that you may know what is the hope to which he has called you, what are the riches of his glorious inheritance in the saints, [19] and what is the immeasurable greatness of his power toward us who believe, according to the working of his great might [20] that he worked in Christ when he raised him from the dead and seated him at his right hand in the heavenly places, [21] far above all rule and authority and power and dominion, and above every name that is named, not only in this age but also in the one to come. [22] And he put all things under his feet and gave him as head over all things to the church, [23] which is his body, the fullness of him who fills all in all. (ESV)

Romans 10: Pray for spiritual lostness and global mission

Romans 10:13–17 [13] For “everyone who calls on the name of the Lord will be saved.” [14] How then will they call on him in whom they have not believed? And how are they to believe in him of whom they have never heard? And how are they to hear without someone preaching? [15] And how are they to preach unless they are sent? As it is written, “How beautiful are the feet of those who preach the good news!” [16] But they have not all obeyed the gospel. For Isaiah says, “Lord, who has believed what he has heard from us?” [17] So faith comes from hearing, and hearing through the word of Christ. (ESV)

Matthew 6: Pray the words of Jesus

Matthew 6:9–13 [9] Pray then like this: “Our Father in heaven, hallowed be your name. [10] Your kingdom come, your will be done, on earth as it is in heaven. [11] Give us this day our daily bread, [12] and forgive us our debts, as we also have forgiven our debtors. [13] And lead us not into temptation, but deliver us from evil. (ESV)

Amen.

A.C.T.S. Method of Prayer

This excerpt is adapted from *The Prayer of the Lord* by R.C. Sproul.

(A) Adoration

(C) Confession

(T) Thanksgiving

(S) Supplication

The first element of prayer should be **adoration**, or praise. The Psalms, which are inspired samples of godly prayer, are heavily weighted on the side of adoration. I've noticed over many years that as we grow in the discipline and in the delight of prayer, it seems that we naturally spend more and more of our time on this first element.

Second, prayer should include **confession** of our sin; as we remember who we are when we come into God's presence, we see that we have come short of His holiness and have need of His forgiveness.

Third, when we pray, we should always give **thanks**, remembering the grace and mercy God has shown toward us.

Fourth, prayer rightly includes **supplication** or petition, bringing our requests for the needs of others and ourselves to God.