

Guide to Worshiping at Home as a Family

Though nothing can replace the community found in gathering together to worship, good things can come from worshiping at home— especially with children and teens! Not only is this a wonderful time to remind your children that the church is not just a building, but you can also help guide them through an interactive worship experience from the comfort of your home.

SACRED SPACE

As a family, choose one place in your home to gather together for worship.

Work together to create a sacred space there. Consider moving toys or distractions out and lighting a candle or lowering the lights to help create a worshipful atmosphere.

HIT PAUSE

We've already hit pause on so many things in our daily lives, so go ahead and hit the pause button during a livestream service! Answer your child or teen's questions and ask some of your own. Talk about the order of worship, explain big words in the sermon, make it interactive!

MOVE AROUND

Gone now is any external pressure to keep the wiggle out of the kids! Let worship be a full body experience. Dance when the Spirit moves you. Use your couch as a prayer altar. Break out the yoga mat and try out different positions of prayer. God gave us these bodies— let's connect them to our worship!

BE HANDS-ON

Use household items during worship! Gather photographs of people to pray for during prayer time. Have a globe or a map? Pray for the world while touching it. Encourage your child to draw/color and your teen to write/journal about what they're hearing and experiencing while listening.

OFFER GIFTS

No offering plate will be passed down the pew, but your children can still practice giving! Have them write down a gift or talent that they can offer up to help the family during the week. Pass a bowl around for them to physically offer these gifts to God. Talk to them about how you are going to be tithing during this time.

HAVE FUN

Worship is a time for reverence and peace, but it is also a time for joy! Helping your child or teen interact with the service in ways that make sense to them can bring so much fun into your worship practice. The news we hear on Sunday is SO good, so let that goodness flow!